

2015 Synergistix Users Conference

Thriving through Innovation and Partnerships



Jay Barrs

Jay Barrs is the 1988 Olympic Gold and Silver Medalist in Archery. He won the Men's Individual Gold and led the Men's Team to the Silver Medal at the Summer Games in Seoul, South Korea.

Some of his other accomplishments include winning: two World Championships, 22 National Championships, and countless International, Regional, and State Championships. Jay has been a motivational speaker for over 20 years and has entertained and motivated a wide range of audiences, from Fortune 500 companies to local grade schools in over 20 countries.

His story of how he applied techniques such as goal setting, focus, mental training, handling pressure and self-belief to win the Olympic Gold Medal will entertain the audience as well as give them skills they can use to be more successful at work and in their personal lives. From his appearance on the Late Show with David Letterman to teaching celebrities like President George H. Bush, Jeff Foxworthy and Joe Montana how to shoot archery, Jay has the ability to inform, entertain, and motivate.